

# SHS News Break



Scottsburg High School - (812)752-8927

December 7, 2012

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## *Fresh Herbs at SHS*

Have you ever considered growing herbs? Mrs. Cindy Waters visited the Advanced Nutrition and Wellness Class to explain the process of growing herbs and how to use them to season foods. Cindy along with her husband operate C & J Greenhouse located off of State Road 3 in Scott County.

Following this lesson Autumn Akemon, Zach Boyd, Nicholas Chamberlin, Matt Decker, and Shane Dunn prepared a

salt substitute using some of the fresh herbs. The class prepared a cream cheese spread adding either herbs or spices for flavor.



*Wednesday, December 12th is SHS Day at Chillers. A portion of all sales on that day will go to SHS Student Fund.*



## SHS Student Spirit Award

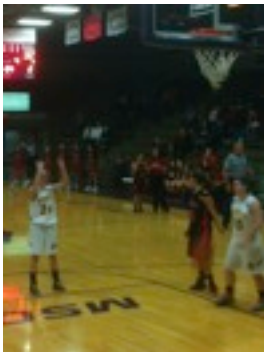
SHS Senior Nicole Santiago was selected as the first winner of the Cheer Block Student Spirit Award. Each week there is a home game the student that demonstrates the most spirit and sportsmanship at the selected game wins a free t-shirt from the Athletic Department and a pizza of their choice delivered to them during lunch.

SHS Junior Basketball player Kirk Hardin is pictured with Nicole. All of our athletes appreciate the support of our staff and students.



### This Week at SHS

- Fri: 10:30 am Class Rings  
6:00 Boys BB vs Brownstown (HC)  
Homecoming Dance (After the Game)
- Sat: 9:00 am Wrestling @ MSC Meet  
11:00 am Swimming @ S. Dearborn  
6:00 Boys BB vs Providence
- Mon: 10:30 am Class Ring adjustments  
6:00 SHS Clubs Caroling and Cookies
- Tue: 6:00 SHS Swim Invitational
- Wed: SHS Day @ Chillers
- Thu: 7:00 Girls BB vs Mitchell



## FFA Holiday Fruit

SHS Students will be delivering the holiday fruit over the next few days. If you have an order be looking for a delivery. The FFA appreciates all the support from Scott County.

This has become a tradition in the county and at SHS. Our kids want to wish you a Merry Christmas and a Happy New Year!



- Mon - Chicken Nuggets  
Carrots  
Chef Salad
- Tue - Submarine Sandwich  
Chips & Salsa  
Chef Salad
- Wed - Pizza  
Broccoli  
Chef Salad
- Thu - Mac & Cheese  
Peas  
Chef Salad
- Fri - Sloppy Joe  
Veggies  
Chef Salad

\*SHS has four options. The menu provided is from the Diner menu and the Marketplace. There are two more options as well in our International line and the Grill.